

*"The English punks' debut is a rage-forward bulldozer of poetic wordplay and experimental hardcore."* Pitchfork

A ferocious live band, DITZ create forward-thinking noise rock/post-punk which features vast arrays of pedal effects with influences from 80s and 90s post-hardcore and noise rock.

Their debut album 'The Great Regression' was recorded by Ben Hampson (Blood Red Shoes & Tigercub), mastered by Kate Tavini (We Are Scientists & Nadine Shah) & released on Alcopop! Records. Their limited-edition Dinked vinyl which sold out in under 24 hours and they gained plaudits from the likes of Pitchfork, Der Spiegel, Steve Lamacq, DIY and Clash. The standard edition of the vinyl also sold out and has been repressed.

Live they are a formidable beast, in 2022 they've toured with DIIV, played festivals less than 24 hours after the drummer dislocated his shoulder, jumped into lakes mid-set and blown fans away with their powerful and pounding onslaught. They've toured the UK twice this year and made several excursions to mainland Europe, as well as playing to thousands of people at festivals such as La Route Du Rock, Reeperbahn, Great Escape, Truck, 2000 Trees, Krankenhaus and many more.

To capture the energy of their live shows, the band recorded their set from The Great Regression tour at The Louisiana in Bristol and will release it as a live LP called 'On The Bai'ou' in March 2023. Featuring all ten tracks from the album along with previous singles and live favourites 'Gayboy' and 'Role Model', the album is a blistering assault on the senses, that gives a window into the world of a DITZ live show.

Prior to 'The Great Regression' DITZ released their debut EP '5 Songs' for Alcopop! Records in 2020 featuring their singles 'Total 90', 'Role Model' and their cover of Peaches' 'Fuck The Pain Away'. This received plaudits from some of the UK's premier new punk bands, IDLES and Slaves, as well as media fuss from DIY, Loud & Quiet, So Young, The Line Of Best Fit and more.

Glastonbury Festival emerging talent and Green Man Rising longlisters, DITZ have shared stages with DIIV, Sea Power, JOHN, Trash Talk, Drahla, BDRMM, Crows, Spectres and The Coathangers, whilst performing at festivals across the UK/EU including: La Route Du Rock, Best Kept Secret, Left Of The Dial, Festival Transfer and Mucho Flow.

Bandcamp Facebook Twitter Instagram

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<sup>&</sup>quot;All told, The Great Regression is about as strong as debut records get. Channelling all of its rage, sarcasm and scorn into a taut, well-honed package it's both a brutal assault on the senses and a window into the raw talent and unique worldview that makes Ditz one of the most interesting bands on the current UK punk scene.." - Loud & Quiet

<sup>&</sup>quot;This album has a sense of urgency and visceral intensity, and DITZ rarely bore with their snotty, twisted, and deadly playing." Pop Matters